



Year of the Rat

Directions, Challenges & Solutions

5) **EAST** – Usable area when balanced, even though it’s “Star of Misfortune”

Try to use as little as possible - Keep it Quiet (no gaming or loud music)
Great types of rooms in this area are: bathroom, utility room, closet, mudroom, slightly used or guest room

Modern Cures (You only need to **add** ONE of these to the area): Place a spiritual icon, religious symbol, Guardian angel or Animal Protector

Traditional cures: Metal (especially moving metal, like a kinetic sculpture or pendulum clock) or Brass Icons, 6-tube wind chime, 6-coins tied with red cord, Salt-Water Cure (If you want to use this cure and don’t know what it is or how to do it, contact me.)

If the front door is in this direction: First, oil the hinges; Second, place a Ba-Gua mirror (or 8-sided mirror) above the door, or have a spiritual icon or protector right outside the front door.

In a bedroom, the **Traditional Cure:** A Brass Wu Lu, who’s nickname is “Giver of Life” - **Modern Cure:** Spiritual Icon of your choice

Do not add Fire Element (the color red, triangles or pyramid-shapes, candles). Remove at least some Fire Elements if you can. If you can’t remove, add more Metal to offset the Fire Element.

If you are going to work around the home outside in the East, place a 6-tube (hollow tubes) windchime on the home in that direction between the home and where you are going to work.

Use a metal singing bowl to disperse the negative energy. I’ve included a recording incase you don’t have a metal singing bowl.

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